12 FREE LD SOFTWARE

http://dreaminglife.org/12-free-software-programs-for-lucid-dreaming-train-your-mind-to-have-a-lucid-dream/

What is a Lucid Dream?

"A lucid dream is a dream in which the person is aware that he or she is dreaming while the dream is in progress. During lucid dreams, it is often possible to exert conscious control over the dream characters and environment, as well as to perform otherwise physically impossible feats."

Have you ever wanted to lucid dream? Maybe you've always been curious but didn't know where to start? Maybe you've done it before but are having a hard time getting back into it?

Whatever your situation, if you'd like to have a lucid dream, the time to start is*now*. Below you can learn about and download every FREE lucid dreaming software program there is to help you on your journey. Feel free to document your experience by leaving a comment on this post.

Happy Dreaming!

Free Lucid Dreaming Software

Infinity
Paradiso
Lucid Dreaming Digibook
LucidWarp
Lucille 2.0
Reality Check
BrainWave Generator
You Are Dreaming
Lucid Weaver
Daldom
Discreet Reminder
Lucid Dreaming Assistant

Infinity

Download: Click Here to Download!

DreamPort Home Page

Official Description:

"The purpose of Infinity is basically to allow the user to have lucid dreams in the time frame of 1 to 2 weeks. The idea is for people to use this to get out of dry-spells or for new-comers to use this to have their first lucid dream. "

"It's a day to day plan where you basically keep adding on more and more activities to a routine that you establish. The idea is to put your mind on over-load so that you have a lucid dream no matter what. By no means will this program give you the ability to lucid dream at will; however, it might put you in the right direction. By using this training software to have much needed lucid dreams, you'll obtain more motivation and will be much more fit to persue the art of lucid dreaming on your own. Think of this as a powerful kickstart to get you going."

Note: The Goods must be installed on your computer for Infinity and Paradiso to work. You only need to install it once. You need to have Adobe Flash Player.

Download Infinity!

Paradiso

Download: Click Here to Download!

DreamPort Home Page

Official Description:

"Have you ever wanted to construct your own dreamscape, full of anonymous objects and pleasures all from your choosing? Not only that, but would you want to have that dreamscape appear whenever you wanted to, whether you were lucid or not? Well, I'm hear to tell you that this task is not an impossible one, but rather a simple and fun one. As more and more lucid dreamers enter this realm of dreamscape creation, many others are desiring the same satisfaction of being able to construct their own world. The problem is, many don't know how, or where to start. Thus, I've created Paradiso, which provides descriptions, techniques, and advice on how to make all of this possible, leaving the user with one awesome result.

With this, you can create your very own extensive environment, and you can put anything you want in it. You could even put dream characters and signs up that have the sole purpose to tell you that you are lucid. Start the dream out in this environment all the time, then you can guarantee paradise and lucidity right from the beginning!"

Note: The Goods must be installed on your computer for Infinity and Paradiso to work. You only need to install it once. You need to have Adobe Flash Player.

Download Paradiso!

Lucid Dreaming Digibook

Download: Click Here to Download!

DreamPort Home Page

Official Description:

The Lucid Dreaming Digibook *"is a compilation of all techniques popular and unpopular for the sole purpose of allowing the user to have a solid reference when needed."*

Download Lucid Dreaming DigiBook!

LucidWarp

Download: Click Here to Download!

DreamPort Home Page

Official Description:

" Lucid Warp is a seven day training course that transforms you and your mind to allow yourself to Lucid Dream at will. Many people have called this idea the "Holy Grail" of Lucid Dreaming, and to be honest with you, it is.

You learn to believe and expect various things to happen by experimenting each day with new things. Every day builds up on top of the other, and end up giving you the ultimate power to lucid dream. You will also figure out how to control your mind, rather than have your mind control you, which can help you in so many things other than lucid dreaming.

You know what the best part about all of this is? It is that you only have to do this method ONCE. After that, as long as you keep the same state of mind as you did during the 7 Days, you will have a very successful lucid dreaming career; you could even lucid dream every single night if you wanted to!

During this course, all you have to do is believe, and you will be able to accomplish anything you set your eyes on."

Download LucidWarp!

Lucille 2.0

Download: Click Here to Download!

Lucille Home Page

Official Description:

"Lucille is a mostly hidden application that pops up questions to help you doing reality tests. The questions can be customized. The look of Lucille can be changed through so called skins."

Download Lucille 2.0!

Reality Check

Download: Click Here to Download!

Red Byte Home Page

Official Description:

"Use this program as a "random" alarm clock to remind you to do reality checks. This is a free program – share it with your friends. This program may help train you to be more aware of lucid dreaming."

Download Reality Check!

BrainWave Generater

Click Here Download BrainWave Generator 3.1

BrainWave Generator Home Page

Official Description:

"Want to relax? Meditate? Learn faster? Focus attention? Increase your awareness? Try self-hypnosis? Just put on the earphones and let BrainWave Generator take you to the state of mind you want. The sound and visual stimulation functions of BrainWave

Generator help you prepare for stressful situations or challenging tasks, improve learning results, alleviate sleeping problems and headaches and much more! BrainWave Generator generates binaural beats that change your brain frequency towards the desired state, be it relaxation or enhanced attention. In addition to using the more than 20 built-in brain wave entrainment programs, you can create your own programs (presets).”
Additional Info:

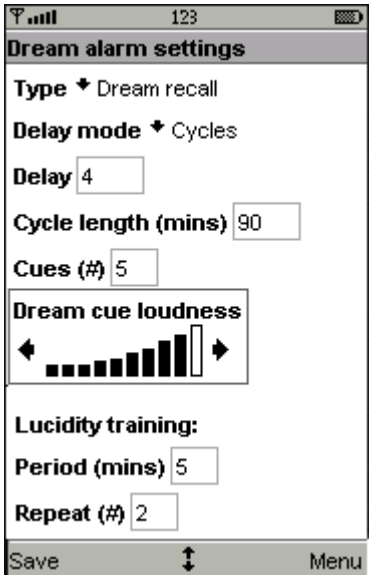
Brainwave Entrainment for Lucid Dreaming – A concise guide to tweaking the Brainwave Generator settings to create programs for lucid dreaming, hosted by the DreamViews forum.
Lucid Dreaming / Sleep / Dreaming Presets – User-rated presets from the BWGEN community.
Download Brain Wave Generator!

You Are Dreaming
Download: Click Here to Download!

YAD Home Page
Official Description:
“Hi I made this silly little program I call YAD (You Are Dreaming) for Windows-XP. When you run it, you will see the words “You are dreaming” moving across the screen, it’s small and gray so you may not notice it at first, it should be near the top of the screen. To change the Y location of it you can edit the yad.ini file, set a different location, and run the program again. To stop the program, double click on it (it’s a little difficult to hit it because it’s a transparent window, so you may need to double click several times) or use the Task-Manager to close it. The purpose of the thing is to subliminally put it into your head that you are dreaming.”
Notes: A bit more info on this program is available here.
Download You Are Dreaming!

Lucid Weaver

Download: Click Here to Download!



Lucid Weaver Home Page

Official Description:

"LucidWeaver is the world's first lucid dreaming training software for mobile devices.

Lucid dreaming means knowing that you are dreaming while it is happening. It is a learnable skill that allows you to decide what is going to happen in your dream. LucidWeaver includes Dream alarm with sound cue which can be adjusted to a personal REM-sleep cycle for improving dream recall and lucidity training. Randomized reality tests can be set and it can be used as regular alarm clock.

With LucidWeaver as your constant companion in your mobile phone, learning the art of lucid dreaming is easier than ever."

Note: LucidWeaver is free to try as a demo and then costs $19 euros.

Download Lucid Weaver

Daldom

Download: Click Here to Download!

Daldom Home Page

Official Description:

"Daldom is a cross platform audio lucid dream induction software."

Download Daldom

Discreet Reminder

Download: Click Here to Download!

Discreet Reminder Home Page

Official Description:

"Discreet Reminder is a great tool to help you do reality checks, when spending time in front of your computer."

Download Discreet Reminder!

Lucid Dreaming Assistant
Download: Click here to Download

No Home Page – This is some old DOS software!

Official Description:

"There are two versions of this program. A real existing version that you are (probably) using right now. And there is a version that only exists when you dream!"
Note: After using this program once, I had a lucid dream *that night*. You can read about the experience here.

Download Lucid Dreaming Assistant!